



## A unique angle to discover novel mechanisms in cardiovascular protection

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### Project outline:

**Background** This proposal uses a unique fish model, the Mexican cavefish (*Astyanax Mexicanus*), combined with mouse and patient data to uncover key novel mechanisms underlying protection from cardiovascular disease caused by diabetes mellitus, promoting identification of innovative therapeutic approaches. *Astyanax mexicanus* is a single fish species comprising cave-dwelling and surface populations. Thousands to millions of years ago, surface fish living in rivers became trapped in caves. During their independent evolution in the caves, the fish lost their eyes and pigment, redundant in the absence of light.<sup>1,2</sup> In addition, to be able to survive food scarcity, the fish adapted their metabolism. They developed an increased appetite and increased fat accumulation when food is abundant, such as in the lab.<sup>3,4</sup> This leads to increased body fat, including a fatty liver.<sup>3,5</sup> Alongside these fat-based adaptations, cavefish also display hyperglycaemia and insulin resistance – all phenotypes associated with human obesity and diabetes mellitus. Indeed, cavefish possess a mutation in the insulin receptor (SNP p211L) that has been associated with Rabson-Mendenhall syndrome, a condition of severe insulin resistance.<sup>6</sup> From our own work, we also know that the hearts show features of diabetic cardiomyopathy (<sup>7,8</sup> and unpublished data). Intriguingly, these same cavefish (lab) populations exhibit robust health and longevity, living much longer than their surface fish counterparts,<sup>4-6</sup> without features of pathologies typically associated with obesity and diabetes such as accumulation of advanced glycation end products (AGEs), chronic tissue inflammation, impaired growth due to insulin dysregulation, and low survivability due to arterial disease.<sup>5,6</sup> While they have increased body fat, this does not accumulate on the heart and vessels,<sup>8</sup> suggesting a mechanism protecting these organs, which could be an essential factor for their longer lifespan. From published work and our own unpublished scRNAseq data, we know that the immune system of cavefish is altered with a reduced pro-inflammatory response.<sup>9</sup> In particular, il1b upregulation (a feature of human diabetes) during inflammation is much less strong in cavefish compared to surface fish. Additionally, their fat deposits contain fewer immune cells.<sup>9</sup> This suggests that cavefish are able to live healthily even while obese and diabetic, potentially due to adaptations of their immune system and these changes could be crucial for their longevity. This project will use the *Astyanax* model as a discovery model, directly comparing the cavefish with not only the surface fish, but also mouse and humans, and specifically, will tease out which genomic adaptation and pathways reduce the pathological response to obesity and diabetes.

**Hypothesis** Cavefish are protected from the pathological effects of hyperglycaemia and related cardiovascular disease due to evolutionary adaptations to their immune system. Understanding the mechanisms underlying this protection will provide novel inroads into therapies.

### **Aims**

1. To identify the key regulatory genes underlying the cavefish protective phenotype
2. To identify similarities/differences in inflammatory gene profile between cavefish and diabetic mice and patients
3. To identify inhibitors/activators inducing the protective mechanisms.

**Description of the work to be undertaken** For Aim 1 we will take full advantage of the *Astyanax* model: As the fish are still one species, this allows for forward genetic screening methods including QTL analysis. We will generate 200 second generation (F2) offspring from a cavefish-surface fish cross. The adult fish will be tested for hyperglycaemia and hypercholesterolemia. The spleens and hearts will be isolated for bulk RNAseq and the body will be embedded for sectioning to analyse for atherosclerosis in the aorta and crown-like structures in the fat. DNA will be collected from all F2 fish to perform RADseq to be able to perform QTL analysis on traits such as *il1b* and other pro-inflammatory gene levels in the spleen, level of cardiomyopathy, and the amount of atherosclerosis in the aorta. This will identify the key regions in the genome regulating the protective response. Aim2: To identify the unique 'protective' inflammatory gene signature and look for conservation, we will also perform scRNAseq on cavefish and surface fish spleen and circulating leukocytes. This data will directly be compared and integrated with existing scRNAseq data from spleens of diabetic STZ mice and controls as well as human diabetes versus control leukocytes (PBMC). Aim3: We will test inhibitors/activators of the identified 'protective' genes/pathways in fish and mice with the aim to test conservation and find novel ways to induce protection from hyperglycaemia and hypercholesterolemia.

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