

OCDEM BULLETIN



FOR UNIVERSITY STAFF

WEEK COMMENCING 25 MARCH 2019

ISSUE NO 180

SEMINARS

WEDNESDAY- NO SEMINAR THIS WEEK

FRIDAY – NO SEMINAR THIS WEEK

MEDICAL GRAND ROUNDS – NO SEMINAR THIS WEEK



It's Pippin Doughnuts time again. They will be delivered on Thursday and the flavours this month are as follows:

Mixed berry jam

Vanilla custard

Cinnamon and brown sugar

Chocolate

Passionfruit curd

Apple, blackberry and custard

Cider, apple Jam with cinnamon sugar

Chocolate and coconut (chocolate dough, filled with a coconut custard with dried coconuts on top)

Maple and pecan (ring doughnut)

The price is £1.10 per doughnut. If you/your group wants to put in an order can you please provide Karen Parish with the details by **10.00 am on Tuesday** along with the relevant money. Karen will take delivery of the doughnuts on the day.

Parent/Carers Group
Next session
Thursday 4 April 2019 at 11.00am

Do you have questions or want to share information/experiences with fellow parents/carers?

The parent/carers group is a useful way for staff to share tips and advice. All staff are welcome to attend.

11:00am
Large Seminar Room

To sign up contact
ocdem.personnel@ndm.ox.ac.uk





HEALTH AND WELLBEING

YOGA IN THE WORK PLACE:

Dru Yoga with Louise: The aim of **Dru Yoga** is simple, to help relieve the enormous stresses and pressures of modern-day living. It is designed to be practised by people of all abilities, all fitness levels and all age groups, it is a style of yoga that can be quickly dipped into or learnt in more depth over a lifetime.

Core stability is an important part of yoga, a strong core will help to protect the back against injury, please watch this excellent 3D video (3 minutes) on core stability, it really helps you to understand where your core muscles are and how to activate them:

<https://www.youtube.com/watch?v=l0v2TYb2ZXY>

Please bring a mat to these classes as I will be introducing some postures where we will sit or lie on the floor.

13.00-14.00 Robert Turner Lecture Theatre

April: - Tuesdays 9th, 16th, 23rd & 30th



£5 TICKET AND DRINK OFFER

The New Theatre is offering University staff a £5 ticket and drink* offer for The Rocky Horror Show on Monday 25 or Tuesday 26 March at 8pm

Book at the Box Office, over the phone on 01865 320765* or email

oxfordboxoffice@theambassadors.com

Quote **EXCLUSIVE ROCKY** when booking



BIOBUSINESS SUMMERSCHOOL

24 – 28 June 2019 | Amsterdam, the Netherlands

Featuring

World-class team of speakers from the field of BioBusiness

Subjects tailored to the Life Sciences Industry:

- Transition from academia to Industry
- Business Models in Life Sciences
- Entrepreneurship
- Finance
- Harvard-style Business Case
- Patents & Licenses
- Personal Development
- Product Development
- Regulatory Affairs

24-28 June 2019
Amsterdam, the Netherlands

Jumpstart your Business Career
in Life Sciences

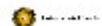
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www.biobusinesssummerschool.nl



Annemiek Verkamman
Managing Director, HollandBio



Giel Hendriks
CEO, Toxys



Just Waemers
Head of Regulatory Affairs, Pfizer



Markwin Velders
CEO, Kite Pharma



Michel Briejer
Managing Partner, Thuis Capital



Miriam Buijn
Director Biomarkers, ProQ Therapeutics



Onno van de Stolpe
CEO, Galapagos



Prescilla Jeurink
Cluster Leader Nutrition &
Cell Biology, Friesland Campina



**Riemke van Dijkhuizen-
Radersma**
Vice President Project & Portfolio
Management, Genmab



Sangbreeta Moitra
TEDx award winning speaker



Steve Glass
COO, myTomorrows



Tom van Aken
CEO, Avantium



Wietse Mulder
CEO, GenDx

"Definitely, I would strongly recommend to anyone considering to leave academia to attend to the BioBusiness Summer School"
- BBSS alumnus 2017

"Not only did I learn about different business models, I made long-lasting connections. The course assessed my entrepreneurial aptitude and gave me confidence in pursuing the start-up route"
- BBSS alumnus 2015

Explore the fascinating world of BioBusiness

Are you a PhD, postdoc or master's student in the field of Life Sciences and considering a career outside of academia? Or perhaps you are already working in the Life Sciences industry, but wish to gain a better understanding of BioBusiness, broaden your network, or even start your own company? Explore the fascinating world of BioBusiness and its many opportunities through BioBusiness Summer School in the Netherlands.

Since 2008 more than 600 international talents have participated in the BioBusiness Summer School. In these past years, the BioBusiness Summer School earned the reputation to be an excellent jumpstart for a future career in Life Sciences.

BioBusiness Summer School will help you obtain an overview of what career options there are in BioBusiness, gain understanding of the essential elements of BioBusiness, and identify previously unknown fields of interest. By immersing yourself in the business aspects of Life Sciences in five days, you will gain insight in the world of Life Sciences companies first hand from the experts, meet prominent business leaders and expand your international network.

After completing the whole program, participants will receive a certificate of attendance.

5 day interactive programme featuring

- » World-class high profile speakers from industry
- » Business subjects tailored to Life Science real-life cases
- » International networking opportunities

Participant profile

- » PhD and MSc students in the field of Life Sciences
- » Postdoctoral fellows
- » Young professionals
- » Aspiring entrepreneurs

Course objectives

- » Get acquainted with the main subjects in BioBusiness
- » Gain insight into your own interests and capabilities
- » Get a clear overview of the opportunities and challenges within the Life Sciences industry
- » Meet and learn from experts and business leaders in BioBusiness industry
- » Expand your business network in Life Sciences

Application deadline: June 3rd, 2019

www.biobusinesssummerschool.nl



BIOBUSINESS SUMMERSCHOOL

24 – 28 June 2019 | Amsterdam, the Netherlands

"With its wonderful program and top-notch speakers, the course exceeded my expectations."
- BBSS alumnus 2018

Overall quality of the course - 8.2 out of 10



Increased understanding of the business aspects of Life Sciences - 9 out of 10



Met participants' expectations - 8.4 out of 10



Admission

- » Apply via our website:
www.biobusinesssummerschool.nl/apply
- » Early bird fee: € 999 (incl. VAT)
- » Regular fee: €1,169 (incl. VAT)
- » Early bird fee available until April 2nd, 2019
- » Registration deadline: June 3rd, 2019
- » Apply soon as places are limited!
- » The fee includes access to inspiring lectures and workshops, carefully selected course materials, coffee/tea, lunch and social program. Breakfast, evening meals, accommodation and transportation are not included.

Contact Information

Hyphen Projects
T: +31(0)35 303 5580
E: info@biobusinesssummerschool.nl
W: www.biobusinesssummerschool.nl

"I would highly recommend this course to anyone who doubts to stay in the academia since this programme will offer you the possibility to learn to speak the business language." - BBSS alumnus 2016

TRAINING



Apple in conjunction with XMA, the main Apple supplier to the University, are running a series of **free** workshops open to anyone in the University.

Due to the popularity of the last ones we have arranged some more dates:

APPLE - PODCASTING - WHAT IT IS AND HOW CAN I USE IT

This session will introduce Podcasting on the iPad. We will explore Garageband and Voice recorder to capture and share your ideas.

27 March 14:00-15:00 [Book](#)

APPLE - IPAD ESSENTIALS

An introduction for staff and students new to using the Apple iPad. We will explore the built-in features and look at how they can be used for learning. Also, we will introduce the Microsoft Office and Google tools on the iPad.

28 March 13:30-14:30 [Book](#)

APPLE - MAKING IPADS MORE ACCESSIBLE

There are many tools and features of the iPad that can help us in our daily lives. We will look at the built-in tools and Microsoft Learning Tools. We see how they can enable our use of technology to be more effective.

28 March 14:45-15:45 [Book](#)

APPLE - NOTE WRITING TO CAPTURE VITAL INFORMATION

How can we capture your lectures, tutorials, meeting notes? Using Microsoft OneNote, you can write notes using drawing or typing. The information can be organised quickly and you can collaborate with your colleagues.

28 March 16:00-17:00 [Book](#)

LOVE TO RIDE

Ride to Work Week

25 – 31 March 2019

WIN
PRIZES!!

Download the
LovetoRide app!

Bike Breakfast

Wednesday 27 March | 8 - 9.30am

Big Data Institute, ORC

1. Register your ticket here →



2. Cycle to work on Wednesday!

3. Log your ride on the Love to Ride UniCycle app!

3. Claim your free breakfast at the Big Data Institute cafe!

lovetoride.net