



## FOR UNIVERSITY STAFF

WEEK COMMENCING 22 JANUARY 2018

ISSUE NO 122

### CONGRATULATIONS



Congratulations to Leanne Hodson who has been awarded funding from the Novo-Nordisk – Oxford Pump Priming fund for her “ *Integrating metabolic tracer methods with CRISPR editing in human in vitro cellular models to study the genetics of liver metabolism*”

### SEMINARS

This week’s Wednesday seminar will be hosted by Dr Angelyn Bethel and the speaker is Dr Roman Hovorka of The University of Cambridge



The title of his talk is “**Closed loop insulin delivery**”. The talk will begin promptly at 1pm in the Robert Turner Lecture Theatre, and sandwiches for those attending will be available from 12:45pm.

The OCDEM Wednesday Seminar Series is sponsored by an unrestricted educational grant from the Boehringer-Ingelheim.

### FRIDAY SEMINAR

There is no Friday seminar this week.

### MEDICAL GRAND ROUNDS

There is no Medical Grand Rounds this week.

## **TRAINING COURSE INFORMATION FROM THE RDM CAREER DEVELOPMENT COMMITTEE**



### **CAREER MANAGEMENT FOR DPHILS & RESEARCH STAFF**

**Monday 22nd January, 13:00-16:00, at the Careers Service**

Looking to manage your career more effectively? This workshop has been designed specifically for University Research Staff and DPhil students at all levels and at any stage in their career, who want to step back and spend a few productive hours focusing on identifying their ideal job and future possible career paths within, or beyond, academia. An interactive mix of short individual exercises and small informal group discussions will help you to build a clearer picture of the key factors relating to your career and personal circumstances and to explore career pathways.

The session will cover: reflections on where your career is right now; creating your ideal job; job satisfaction and career motivations; identifying your values and transferable skills; how to identify possible career pathways and move forward effectively. You will be encouraged to draw your insights together to begin a realistic personal career plan and to consider your next steps.

**This event must be booked. To reserve a place please go to Career Connect**

### **INSIGHT INTO ACADEMIA: MAPPING THE ACADEMIC LANDSCAPE**

**Tuesday 23rd January, 13:00-14:00, at the Careers Service**

**Insight into Academia**, a series of informal seminars and informal ‘conversations’, exploring opportunities for an academic career within and beyond the UK, important decisions along the way and what it takes to thrive as an academic.

This session will outline the roles available in the early stages of an academic career, what each job entails and progression prospects. We will also explore emerging trends in recruitment priorities within Higher Education institutions – both within the UK and internationally.

There will be opportunity for questions and feel free to bring your lunch.

**This event must be booked. To reserve a place please go to Career Connect**

### **INSIGHT INTO ACADEMIA SEMINAR: MYTHS AND REALITIES PANEL**

**Tuesday 6th February, 13:00-14:00, at the Careers Service**

Are you considering an academic career? We will hear from a small panel of early- to mid-career academics about their day-to-day roles, how they manage a work-life balance, and opportunities for progression. This is a chance to ask questions and generate discussion on many aspects of being an academic.

**You do not need to book a place at this event but popular events may fill early so arrive in good time.**

### **CV AND COVER LETTER SKILLS FOR DPHILS & RESEARCH STAFF**

**Date: Thursday 8th February, 13:00-16:00, at the Careers Service**

This intensive workshop on producing effective CVs and Cover Letters is specifically for doctoral students and research staff, whether you are considering an academic or non-academic career, or are undecided. Using a mix of individual and informal small group exercises, we will

- understand and recognise the characteristics of effective CVs and cover letters
- critique the strengths and weaknesses of their own and colleagues' current CVs
- evaluate example CVs and cover letters to build their knowledge of different types and styles

**To reserve a place please go to Career Connect**



It's Pippin Doughnuts time again. They will be delivered on Thursday and the flavours this month are as follows:

Mixed berry jam

Chocolate

Vanilla custard

Cinnamon and brown sugar

Maple and pecan (ring doughnut)

Chocolate and hazelnut (like a giant Ferrero Rocher)

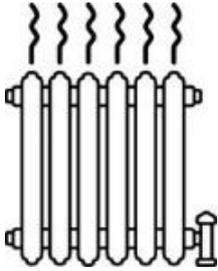
Passion fruit curd

Pear, port and cream

Blackcurrant jam

The price is £1.10 per doughnut. If you/your group wants to put in an order can you please provide Karen Parish with the details by 10 am tomorrow (Tuesday) along with the relevant money. Karen will take delivery of the doughnuts on the day.

## **BUILDING MAINTENANCE**



I am trying to arrange a programme with NHS Trust Estates to repair any non-functioning radiators in space occupied by OCDEM university staff in the building. As this might entail the heating system being drained down it will probably have to take place during the warmer months.

To assist in drawing up this programme, I would be grateful if you could let me know, by e-mail to [ocdemfacilities@ocdem.ox.ac.uk](mailto:ocdemfacilities@ocdem.ox.ac.uk) , of any radiators that you believe to be not working properly. I will need to know the room number (i.e. 101S56) where the radiator is situated and a brief description of the problem with it.

Many thanks for your assistance.

Den Carter

Facilities/Finance Officer

## **BONE DENSITY SCREENING**



The Iffley Road Sports Centre will be hosting a day of bone density screening with Tracey Hunt, MSc Exercise and Nutrition Science, BSc (HONS), on Monday 12 February.

Tracey will assess your bone density and fracture risk using a machine called a 'Quantative Ultrasound Scanner' or 'QUS'. The test measures the bone density in your heel, and is very useful for assessing your risk of fracturing (breaking) your legs, arms, hips and wrists – common fracture sites for sufferers of osteoporosis. The machine is safe, painless, and has no side effects.

After the test has been completed, your results will be explained to you, with an opportunity to ask any questions. You will also receive an information pack with evidence-based nutrition, exercise and lifestyle advice to enable you to safeguard yourself against the condition, greatly enhancing your chances of having strong and healthy bones for life.

## **STARGAZING OXFORD 2018**

More than 1,000 budding astronomers are expected to attend the annual Stargazing Oxford event.

The event will be held at its physics department in the Denys Wilkinson Building on Keble Road. There will be a series of daytime activities from 2pm on Saturday 27 January, during which visitors will be able to talk to researchers and explore space science.

There is no charge to attend and no booking is required but a full list of the activities is available [here](#).