



RADCLIFFE  
DEPARTMENT OF  
MEDICINE



International Women's Day & RDM Women's Network

## Navigating Challenging Conversations Workshop

Thursday 12 March from 09.30 to 11.30

**In-person (Room location will be confirmed the week prior to the event. The room will be on the John Radcliffe Hospital site).**

Are there conversations you wish you felt more confident to tackle? Are there conversations that head in a different direction than you intended? Or perhaps you find you avoid some conversations?

This in-person interactive workshop will give you the opportunity to consider the challenging conversations that arise at work and strategies to navigate these.

We will cover how to prepare for challenging conversations, share techniques and approaches to try, and discuss application within the Higher Education context.

The session will be delivered by Anna Sanders. Anna is a qualified Executive Coach, Mentor and Organisational Development Consultant who has extensive experience within the University of Oxford and external organisations. Over this 2-hour session, there will also be time to have a coffee and network with RDM colleagues.

Refreshments will be available from 09.00 (optional)

Workshop from 09.30-11.30 (core activity)

The room is booked until 12.30 (optional)

Please email [Charlotte Smith](#) if you would be interested in attending, and she will add you to the diary invitation. If you sign up and your availability changes, please let Charlotte know, as spaces are limited.

Can't attend this time? Contact Charlotte to be added to the RDM Women's Network list for future events.

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The RDM Women's Network is a community for anyone in RDM who identifies as a woman and is comfortable in a women-centred space. The network is for all RDM staff and students, and supplements existing opportunities such as the [ASCEND Network](#) (for researchers) and the [Oxford Women's Staff Network](#) (staff only). We welcome ideas for further groups or networks within RDM. If you would like to discuss setting one up, please get in contact and we would be very happy to discuss further.