

# OCDEM BULLETIN



## FOR UNIVERSITY STAFF

**WEEK COMMENCING 14<sup>th</sup> OCTOBER 2019**

**ISSUE NO 209**

### SEMINARS

#### WEDNESDAY SEMINAR

This week's Wednesday seminar will be hosted by Professor Jeremy Tomlinson and the speaker is Professor Gareth Lavery of Birmingham University.



The title of his talk is "**Correcting the NAD Metabolome in Health and Disease**" The talk will begin promptly at 1pm in the Robert Turner Lecture Theatre, and sandwiches for those attending will be available from 12:45pm.

#### FRIDAY SEMINAR

This week's Friday seminar organised by the OCDEM Senior Academic Faculty will be a talk on "Mass Spectrometry based proteomic techniques to study nuclear hormone receptor functions" by Dr Toryn Poolman of the Ray Group. The talk will begin promptly at 1pm in the Robert Turner Lecture Theatre and sandwiches for those attending will be available from 12:45.

### MEDICAL GRAND ROUNDS

Thursday 17 October from 13:00 – 14:00  
John Radcliffe Academic , Lecture Theatre 1



**Neurology:** "Wolfson Centre for Prevention of Stroke and Dementia: Is prevention really possible?" - Prof Peter Rothwell

**Psychological Medicine:** "The myth(s) of mental illness" - Prof Michael Sharpe  
Chair: Prof Chris O'Callaghan



## HEAD OF INFORMATICS

Grade 8: £41,526 - £49,553 with a discretionary range to £54,131 p.a.

The University of Oxford Diabetes Trials Unit (DTU) is recruiting for the post of Head of Informatics to lead its Informatics Group. The postholder will be responsible for all day-to-day informatics operations within the Unit. The DTU ([www.dtu.ox.ac.uk/](http://www.dtu.ox.ac.uk/)) is a UKCRC fully-registered clinical trials unit, that specialises in performing clinical trials related to the treatment and management of diabetes and other cardiometabolic disorders. These are both early-phase and late-phase trials, including mega trials typically conducted in 30 or more countries.

Reporting directly to the DTU Director, the postholder should be a recognised authority in their field with excellent leadership and personnel management skills. The postholder will be adept at effectively communicating expectations and technical information to team members, and to stakeholders, in a clear and timely manner. They should also have significant experience of building trial databases in electronic data capture systems and extensive programming expertise. Knowledge of Good Clinical Practice and regulatory requirements in relation to informatics, and experience of writing standard operating procedures and specification documents is critical.

Going forward there is an exciting opportunity for the postholder to develop the Informatics Group in the light of new business and projected growth of the DTU trials portfolio.

The post is offered until 31 December 2022 in the first instance, with the possibility of further extension. Requests for an informal discussion should be sent to:  
**[amanda.adler@dtu.ox.ac.uk](mailto:amanda.adler@dtu.ox.ac.uk)**.

Within your cover letter, please address how you meet the selection criteria described in the job description. Please quote vacancy number 142810 in all correspondence.

Only applications received before 12.00 noon on 21 October 2019 can be considered



## **BRC DIABETES AND METABOLISM RESEARCH ASSISTANT**

Grade 6: £29,176 - £34,804 p.a.

An exciting opportunity has arisen for a Diabetes and Metabolism Theme Research Assistant, within the NIHR Oxford Biomedical Research Centre (BRC) Diabetes and Metabolism Theme, led by Professor Jeremy Tomlinson in the Oxford Centre for Diabetes, Endocrinology and Metabolism (OCDEM).

The Diabetes and Metabolism Theme oversees a complex portfolio of translational diabetes and metabolism research programs which are underpinned by core BRC funded infrastructure. BRC-funded core laboratory personnel support human bio-sample and tissue processing, stable isotope analysis and lipid profiling by gas chromatography mass spectrometry, human islet isolation and processing for translational science across the theme. The research theme consists of four subthemes: Translational Physiology, Therapeutics and Medical Innovation, Translational Islet and Metabolic Tissue Biology, Pancreas and Islet-Cell Transplantation and Service Innovation and Evaluation.

The postholder will have responsibility for both supporting and undertaking several key aspects of work within the lab including sample processing, DNA and RNA extraction from multiple human tissues, and optimising and implementing new techniques. They will be responsible for managing their own time and resources within the context of their role, and the requirements and objectives associated with their position. The postholder will support the work of research groups within the theme and report to the BRC Diabetes and Metabolism Theme Lab Manager.

Candidates should hold a degree in biochemistry or similar and have relevant laboratory experience. Some flexibility with respect to working hours will be needed, including occasional responsibility for out-of-hours work.

The position is full-time however applications are welcome from candidates wanting to work part-time. It is fixed-term until 31 March 2022 in the first instance and funded by the NIHR Oxford BRC.

Please quote 143101 on all correspondence. You will be required to upload a CV and supporting statement as part of your online application.

The closing date for applications is 12.00 noon on 16 October 2019. Interviews are scheduled for week commencing 4 November 2019.



### **Open Access: Your thesis, copyright and ORA (Thurs 17 Oct 14.00-15.00)**

Oxford DPhil students are required to deposit a copy of their thesis in ORA (Oxford University Research Archive). This session will focus on copyright and other issues that DPhil students need to take into account when preparing their thesis for upload to ORA. Who is this session for? Doctoral research students

**Bodleian iSkills for the Medical Sciences Division** - These very popular FREE workshops are aimed primarily at postgraduate students, researchers and university staff based on the Old Road Campus or in Medical Sciences Division departments elsewhere in Headington:

### **Bodleian iSkills for the Medical Sciences Division and OUH staff: Introduction to Endnote (Tues 15 Oct 11.00-12.30)**

Do you need help managing your references? Do you need help citing references in your documents? This hour-long session will introduce you to Endnote X9, which can help you to store, organise and retrieve your references and PDFs, as well as cite references in documents and create bibliographies quickly and easily.

Who is this session for? Postgraduate students, researchers and university staff based on the Old Road Campus or in Medical Sciences Division departments elsewhere in Headington.

### **Bodleian iSkills for the Medical Sciences Division and OUH staff: Introduction to systematic reviews & evidence syntheses - searching for studies (Wed 16 Oct 10.30-12.00; repeated Fri 18 Oct 14.00-15.30)**

In this workshop you will be introduced to the principles underpinning the conduct of literature searches for systematic reviews and evidence syntheses.

Who is this session for? DPhils and Researchers in the Medical Sciences Division.

### **Bodleian iSkills for the Medical Sciences Division and OUH staff: Introduction to literature searching for DPhils and researchers in the Medical Sciences (Thurs 17 Oct 14.00-16.00)**

A practical workshop to explore how to formulate search strategies to address research questions; choose appropriate databases and search engines; store and manage references; keep up to date with new research over the life cycle of your DPhil.

Who is this session for? All staff and students in the Medical Sciences Division



## **MEDIA INTERVIEWS: METHOD AND DELIVERY**

This one day, practical, hands-on course will introduce you to valuable techniques to help you with being interviewed, for print, radio and television. Learn how to present yourself, prepare for questions, handle live and pre-recorded interviews, deal with tricky situations, and deliver your messages. Note: You should be prepared to conduct interviews and give interviews as part of the hands-on element of the course.

### **What You Will Need**

No computer is needed. You can bring your own device for note-taking.

**16 October 9.15-16.15 Book now**

**5 December 9.15-16.15 Book now**



## **REMINDER – INTERESTED IN PUBLIC ENGAGEMENT – COME TO MEETING ON FRIDAY 18<sup>TH</sup> OCTOBER**

### **MESSAGE FROM KATHARINE OWEN**

You may have seen that I have recently been selected for an Oxford University Public Engagement in Research leadership award <https://www.rdm.ox.ac.uk/news/dr-katharine-owen-wins-public-engagement-with-research-leadership>

Part of the reason for the success of the application were the brilliant public engagement events that everyone in OCDEM has been involved with in the past. We would like to build on this enthusiasm and success by identifying a group of public engagement champions within OCDEM who can work together on co-ordinating events for 2020. The Leadership award brings with it money for training and development of new public engagement resources, and Charvy Narain, the RDM communications manager, will be supporting us.

Everyone is welcome to be involved, but we would like at a minimum each research group to identify someone who can represent them as a PE champion and communicate information about ideas and events back to their group. This is for everyone in OCDEM, not just for those working in diabetes or in clinical research.

Please come along to the meeting on Friday 18<sup>th</sup> October to create a plan for how this might work and share ideas

Katharine

# Funeral of PC Andrew Harper

Advance notice of arrangements for the funeral of PC Andrew Harper so you can consider the impact for you and/or your business.

**PC Harper's funeral will take place on Monday 14 October, 11am, at Christ Church Cathedral, St Aldates.** A funeral procession will travel through Oxford city centre. We anticipate an increase in visitors to the city on the day.

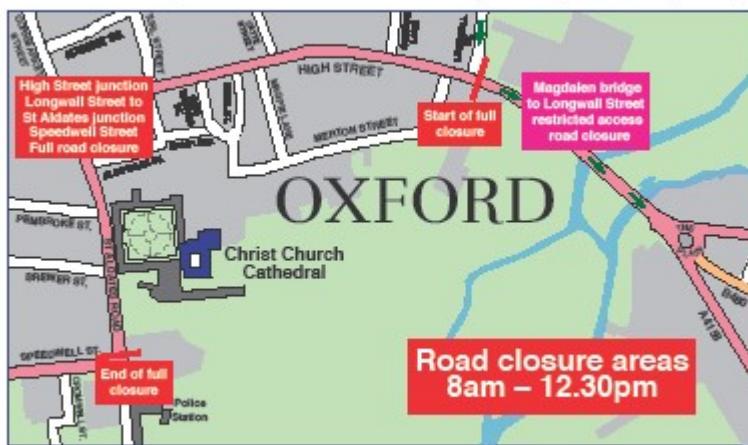
Thames Valley Police is working closely with partners to provide a fitting tribute and to ensure it is safe and secure. We are also working to minimise the impact on the day of those who live, work and visit Oxford.

## Road Closures

To accommodate the funeral procession, a number of road closures will be put in place at 8am to 12.30pm, this will include:

- The Plain
- Magdalen Bridge
- High Street
- St Aldates – closure is in place from the city centre up to the corner of Speedwell Street

*\*Please note – Longwall Street will be open southbound, traffic will then be able to turn left onto the High Street towards the The Plain. (shown by → on map below).*



Please follow @ThamesVP and @TVP\_Oxford for any updated changes.



**NHS**  
Oxford University Hospitals  
NHS Foundation Trust

## Health Improvement Advice Centre

Issue 22—Autumn 2019

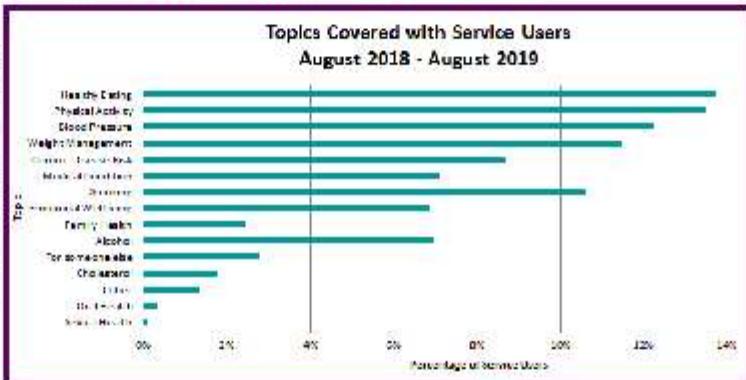
Welcome to the Autumn edition of the **Here for Health** newsletter.

We would like to welcome Mary Wilson (pictured) who joined the **Here for Health** team this month. Mary will be working across all sites with her main location being at the Horton General Hospital. Mary completed an MSc in Applied Human Nutrition at Oxford Brookes in 2018 and since then has worked in Oxfordshire's adult weight management service. She is passionate about supporting individuals to take a holistic approach in making sustainable lifestyle changes.



### Recent Activities and Developments at **Here for Health**

Demand is increasing for the **Here for Health** Service. Over the last 12 months we have had a monthly average of **319** healthy conversations compared to a monthly average of **231** in the previous year. The graph opposite highlights the holistic nature of the service with a range of lifestyle topics being covered.



**Promotion stands:** We are now able to offer weekly promotion stands at both the JR and Churchill Hospitals every Thursday morning. They provide opportunity for staff, patients and visitors to have their blood pressure checked, talk to a member of the team about their health and wellbeing and find out more about what the **Here for Health** service can offer them. It is also a fantastic opportunity for us to work in partnership with other OEH departments and community services to help raise awareness of the support they can offer and to promote key lifestyle topics and national health promotion campaigns. If you are interested in joining us please contact [hereforhealth@ouh.nhs.uk](mailto:hereforhealth@ouh.nhs.uk). Natasha does a great job organising the rota and availability in 2020 is being taken up fast.

**smokefreelife Oxfordshire**

**Stop smoking support:** In partnership with **Smokefreelife Oxfordshire** specialist stop smoking clinics with access to 12 weeks free Nicotine Replacement Therapy are now available for staff, patients and visitors on site at three of the OEH hospitals. Monday at the Churchill Hospital 0930-1700; Wednesday in the Horton Hospital Outpatient department 0930-1700; and Friday at Here for Health in the Blue Outpatients department at the JR 0930-1700. For more information please contact [hereforhealth@ouh.nhs.uk](mailto:hereforhealth@ouh.nhs.uk) or call **01865 221429**.

**Churchill clinic:** Unfortunately due to the area we were located in being closed we had to temporarily suspended the drop in clinic at the Churchill in September. Please accept our apologies for any inconvenience and do continue to refer via EPR, email or phone. Thank you. The good news is that we will be back with a limited service over the coming weeks (please call **01865 221429** for more details) and then with a full service as of 4th November 2019.

## Training Opportunities

We deliver a variety of training and awareness sessions to build OUH staff knowledge, skills and confidence in having health and wellbeing conversations, and in the effective use of brief advice for the risky behaviours of alcohol and tobacco use. Upcoming training opportunities can be accessed by OUH staff on the [Here for Health](#) intranet site. One of the most popular options is:

OUH Smoking Cessation Advisor training available is now available for any staff with an interest in helping others to become smoke-free. Click here to [view details and book](#).

As part of our outreach we can offer expresso training for those who find it difficult to leave their area of work. In as little as 5-10 minutes a member of our team can support you in situ to have time saving and effective conversations with your patients about smoking and alcohol.

For more information, or to arrange alternative training dates, please contact us at [hereforhealth@ouh.nhs.uk](mailto:hereforhealth@ouh.nhs.uk) or telephone 01865 221429



**is back!** This year the Here for Health team are running a series of promotional displays at the end of September and beginning of October to celebrate Stoptober at OUH and to encourage patients, staff and visitors across OUH to give quitting a go this October.

Come down to one of the displays to find out your CO level and to learn more about all of the different ways you can quit today!

Keep an eye on the OUH staff bulletin for updates regarding when and where or get in touch to find out more or if you would like to be involved.

Check out [#StoptoberOUH](#) to find out what else is going on across the trust this Stoptober!

### Work experience

*"I wanted to do work experience at [Here for Health](#) so I could understand what a job in health promotion was like. Over the course of the week shadowing at the Horton drop-in clinic I had the chance to meet many nice staff and patients and have learnt a lot. For example how to perform health tests such as blood pressure, CO levels and BMI. This experience has inspired me to create my own health goals and helped me choose whether a career in health is something I want to do. "* - Isabel Starkie, Sixth Form student

### Here for Health Key Details

Do you or a patient need support with...

- ◆ Losing Weight?
- ◆ Stopping Smoking?
- ◆ Modifying alcohol intake?
- ◆ Being more active?
- ◆ Eating more healthily?
- ◆ Accessing healthy living community services?

Refer them to [Health for Health](#) for one-to-one, tailored information and support, including referrals to FREE community services.

JR Blue Outpatients— Monday-Friday 0900-1700

Horton Outpatients— Monday-Thursday 1000-1600

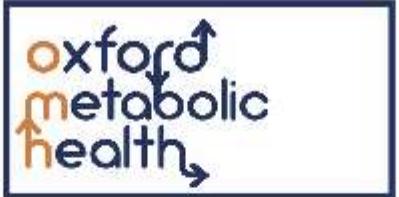
- ◆ Drop in
- ◆ Email: [hereforhealth@ouh.nhs.uk](mailto:hereforhealth@ouh.nhs.uk)
- ◆ Or refer in PowerChart to 'Health and Wellbeing'

It is essential that we continue to strengthen our relationships with hospital and community services. If you know of a service that would benefit from linking with us, or you would like to update [Here for Health](#) about changes to your service please contact us at:

[hereforhealth@ouh.nhs.uk](mailto:hereforhealth@ouh.nhs.uk) or telephone 01865 221429.

*Emma, Kate, Natasha, Natnaree and Mary appreciate your continued support*



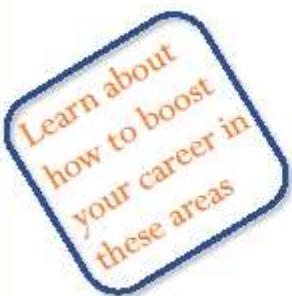


**OMH Researchers' Association invites  
you to a careers workshop:**

## **'Getting on in academic and research-related careers'**

**Thursday 24 October, 2-5pm  
Sherrington Library, DPAG, South Parks Road**

Come and hear from the University Careers Service,  
Research Services, a current fellow and funding committee  
member in a friendly, informal setting



All researchers welcome! To register, go to:

<https://www.medsci.ox.ac.uk/omh/omh-researchers-association>

