

OCDEM BULLETIN



FOR UNIVERSITY STAFF

WEEK COMMENCING 20th JANUARY 2020

ISSUE NO 221

SEMINARS

WEDNESDAY SEMINAR

There is no Wednesday seminar this week.

FRIDAY SEMINAR

This week's Friday seminar organised by the OCDEM Senior Academic Faculty will be a talk on "**Are dietary polyunsaturated fatty acids oxidised to a greater extent than saturated?**" by Dr Sion Parry. The talk will begin promptly at 1pm in the Robert Turner Lecture Theatre and sandwiches for those attending will be available from 12:45

MEDICAL GRAND ROUNDS – NOTE OCDEM SPEAKERS THIS WEEK

Thursday 23 January from 13:00 to 14:00

John Radcliffe Hospital, Lecture Theatre

Acute General Medicine Firm A: "Acute Medicine in Oxford. Are going to the dogs or ambulating off into the sunset?"- Dr Matthew Giles

Adult Intensive Care Unit -

Chair:



The Thakker Group said goodbye to Sara Falcone who has moved to a new job in NDM.



LUNCH TIME YOGA CLASS: 13.00-14.00 ROBERT TURNER

LECTURE Theatre. Dates: 21st January, 4th 11th & 25th February.

If you are interested in joining this 5 week yoga term please let me know: louise.dennis@ocdem.ox.ac.uk

Yoga mat required.



Hardeep will be selling Samosas on Monday 27th January in the info café area to help raise funds for their trip to India.

BIKE SECURITY



There have been a few cases recently where bikes have been stolen around the Churchill campus, from both University and NHS staff. It would be hugely beneficial for us to have proper bike storage but, unfortunately, this isn't possible as the NHS won't pay for this. For those with bikes, what I would suggest is the following:

Use the outside bike storage by the POD; it's not covered but you can lock your bike to a solid piece of metal.

Use a solid D-lock, not a cable one; Security Services offer high-quality ones for £18:

<https://travel.web.ox.ac.uk/bike/security#collapse1004031>

Put your bike on BikeRegister; if your bike does get stolen then you have a higher chance of getting it back: <https://www.bikeregister.com/>

I will look into better options for the future, but this is all I can offer for now. Apologies to those who have had their bikes stolen/ damaged.

Best wishes,

Tom

FT WEEKEND OXFORD LITERARY FESTIVAL: DISCOUNTS, RESTAURANT AND TICKET PRIZE DRAWS

The 2020 festival runs from Friday 27 March to Saturday 5 April at venues across the city. The extensive programme of talks, debates, workshops and tours also includes the Bodley Lecture – with the award of the esteemed Bodley Medal to Booker Prize-winning novelist Pat Barker on 2 April, and the Chancellor’s Lecture – an interview with Penelope Lively on 27 March.

Discount

Members of the University are offered a 20% discount off all tickets for festival events (except for catered events and dinners). To claim the 20% discount simply quote **OUOXLIT20** when booking: <https://oxfordliteraryfestival.org/about/tickets>

Win Literary Festival tickets

Enter the prize draw to win tickets for two people to attend three of the festival talks. Send your University contact details to internal.communications@admin.ox.ac.uk by Friday 6 March 2020. Please insert **Lit Fest Comp** in the email subject line.

Win a meal for two at Cinnamon Kitchen Oxford

We’ve partnered with Cinnamon Kitchen Oxford to give staff and students the chance to win a delicious meal for two.

Cinnamon Kitchen Oxford is offering one lucky winner the chance to win a delicious three course meal at Executive Chef Vivek Singh’s modern Indian restaurant, to be redeemed by 29 February 2020.

Chef, author and restaurateur Vivek – the founder of Cinnamon Kitchen – will be putting on a number of events within Oxford Literary Festival 2020, as part of the festival’s programme of Indian literature and culture. Vivek will offer a cookery masterclass at Cinnamon Kitchen, alongside a celebratory dinner at New College. He will also be in conversation with food broadcaster Rosie Birkett about his life in food.

To enter the prize draw send your University contact details to internal.communications@admin.ox.ac.uk by Thursday 23 January. Please insert **Cinnamon Kitchen** in the email subject line.

Terms and Conditions

- The competition prize is inclusive of three courses from the a la carte menu each, with either a bottle of wine to share (as chosen by the restaurant) or two cocktails/soft drinks each. Water for the table and a tea/coffee each to finish is also included.
- The prize does not include travel expenses and is non-transferable
- The prize must be pre-booked to be redeemed, and is subject to availability

Please visit: <https://oxfordliteraryfestival.org/authors-speakers/20> for the full list of authors

